

During Flu Outbreaks

I should keep my child home when he or she...



- ◆ Appears ill
- ◆ Is abnormally pale
 - ◆ Is unable to comfortably participate in regular school activities



- ◆ Is sweaty (when the weather is not hot)
- ◆ Has a temperature when it is not hot outside and has not been really active*



- ◆ Has a cough or sneezing that is not normal for my child
- ◆ Complains of pain in ears, throat, head or chest



- ◆ Has thrown up in the past 12 hours or had 2 or more episodes of diarrhea in the past 24 hours

* A temperature is: over 100.4° by mouth, or 102° rectally, or 100° under arm, or 102° in ear. Do not take the temperature by mouth for a child under 4 years of age.

