

John Muir Hospital Docent Led School Programs

Hospitals can be overwhelming places for young children and can create additional stress to any medical problems they may be experiencing.

To help young children feel more comfortable & informed about hospitals. John Muir Hospital Docents have created two one-hour presentations for second and fourth grade students. Each presentation begins with the Docent introducing him/herself and the purpose of the classroom visit. The programs offered are:

Hospital Adventures (2nd grade) includes an animated 20-minute DVD that shows what happens when a child goes to the hospital. This is followed by a Q & A session in which the students and the Docent review the film content. Students are then shown x-rays of different parts of the body, specifically the wrist, femur, spine and skull. Lastly, the class is divided into three groups for hands-on experience in which they dress in hospital garb and have an opportunity to listen to each other's heartbeats using a stethoscope.

Meet the Germs (4th grade) is a program about a Virus and a Bacteria. The animated DVD demonstrates how we get sick and how to avoid germs. The film is followed by a Q & A session in which the students and Docent review the content. A bingo card is also given to each student with a list of words the students have learned from the movie. There are 10 winners and students keep their word lists to share at home.

Both presentations are available year-round and are free. Students are given handouts to share with their families.

If you are interested in having a presentation in your classroom, please contact **Patti Sparks, Volunteer Coordinator, at 925-939-3000 x 35028**